

# **M I N D F U L**

## **Acronym**

↻ **Bearing in** ↻

**Mind:** that a **Perceptive** ↻

**Interest:** is being **Observant** towards  
other human beings ↻

**Needs:** by being **Aware** of ↻

**Developing:** a **Percipient** self-need for the ↻

**Feelings:** and or towards a **Keen** ↻

**Use:** of an **Acute-Discerning** that ↻

**Love:** is much more of a **Beholding** and **Inherent**  
↻ **Characteristic Trait** than that of hate. ↻

What do you suppose it means when one hears the term,  
that a particular person has a **Good Heart**? It simply,  
means that by virtue a particular person is able to  
decisively think thoughtfully from an **Inherent Good**  
**Heart**. It is the very foundation by which a much  
more meaningful life can be lived. This is the  
essence underlying the primary reason  
of this Acronym of **Mindful** essay.

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*Don L. Johnson*

